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On September 1, 2021, the CDPH issued an update (See #16 in link below) clarifying that the current education guidance requiring all individuals (adults and students) to wear a mask indoors at a K-12 school, regardless of vaccination status, does apply to extracurricular activities, including sports and sporting events sponsored by K-12 schools. It further clarifies that this guidance also applies to student-athletes while competing in an indoor sport.

For sports where wearing a mask during play has been determined to pose a choking hazard by a well-recognized health authority, such as the American Academy of Pediatrics (at this time, sports currently identified by the American Academy of Pediatrics are competitive cheer, gymnastics while on an apparatus, swimming, diving, water polo and wrestling), one of the following options is required:

- Conduct these activities outdoors.
- Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated.

Note: Schools and/or school districts may implement more restrictive policies.

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>

CDPH will continue to assess conditions on an ongoing basis, and will determine no later than November 1, 2021, whether to update mask requirements or recommendations.

16. School-Based Extracurricular Activities

The requirements and recommendations in this guidance also apply to all extracurricular activities that are operated or supervised by schools, and all activities that occur on a school site, whether or not they occur during school hours, including, but not limited to, sports, band, chorus, and clubs. Masks are required for all persons while playing all indoor sports, unless wearing a mask during play has been determined to pose a choking hazard by a well-recognized health authority, such as the American Academy of Pediatrics.^[1]

For (1) the playing of musical instruments that cannot be done with a face covering (e.g., wind instruments); or (2) when wearing a mask during play poses a choking hazard, at least one of the following options is required:

- a. Conduct these activities outdoors;
- b. Use modified face coverings and bell coverings when playing wind and brass instruments, and maintain 6 feet of physical distancing;
- c. Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated.

Schools must be in compliance with the required weekly testing no later than September 27, 2021.